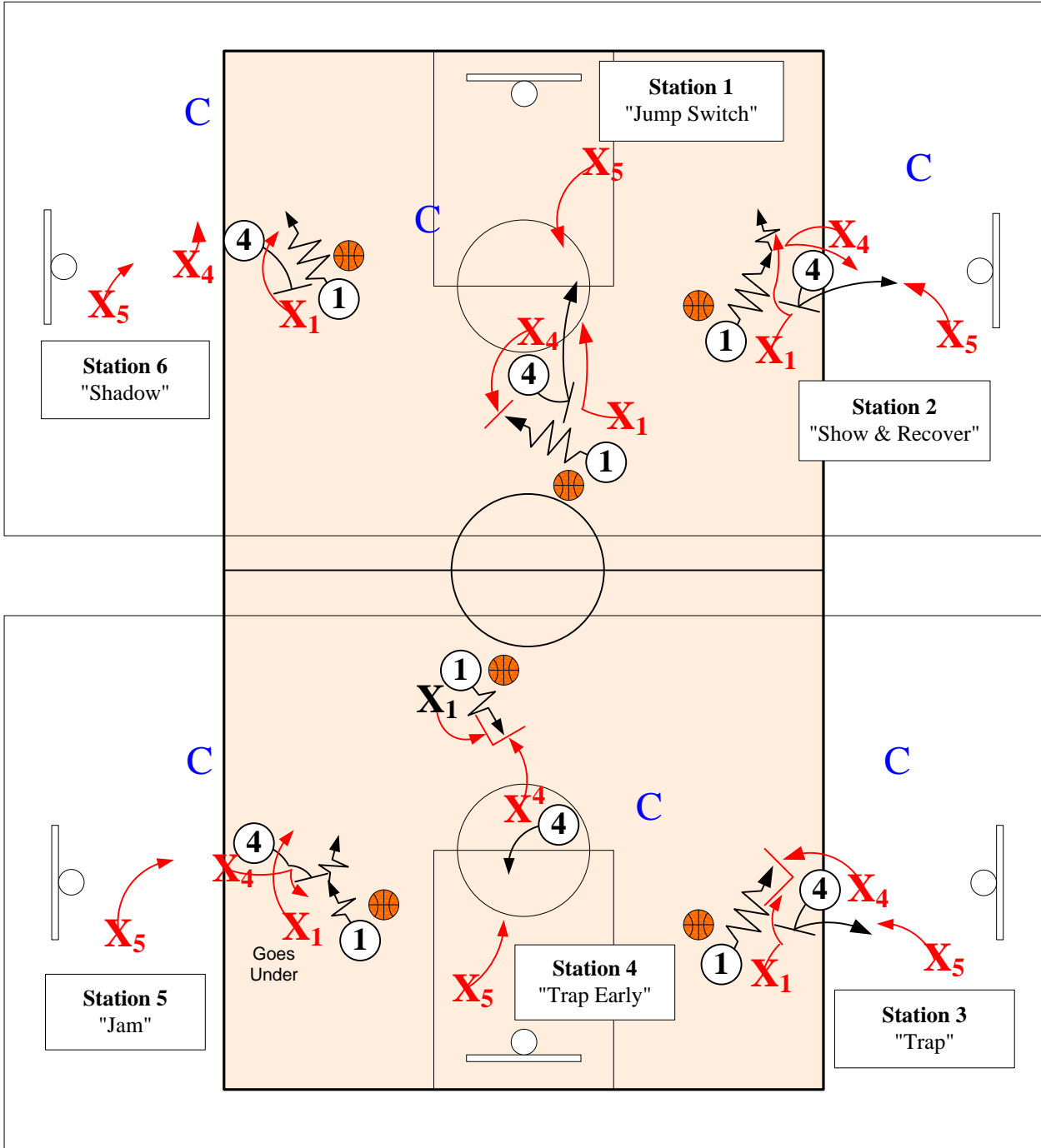


# Circuit Training Ball Screens – 2-on-2 with Help

This six stations circuit training is comprised of the six tactics that can be deployed in disrupting ball screens. During the season, review specific tactics as needed. It is excellent for large group instruction and training.



Total On-Ball Screens Review