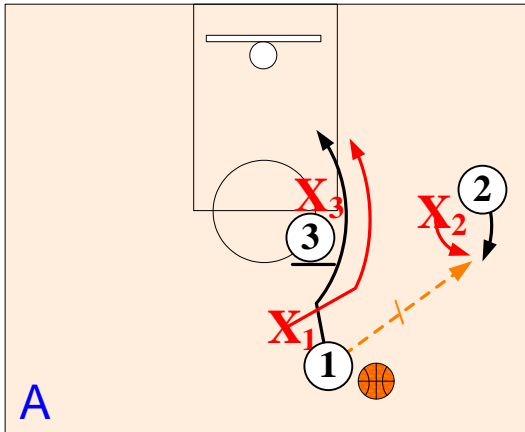


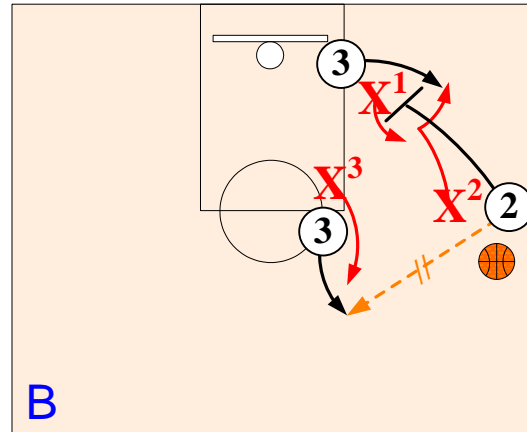
## Defending Screens – 3-on-3 Combo Drill

### High Post Rub, Down Screen, Side Screen

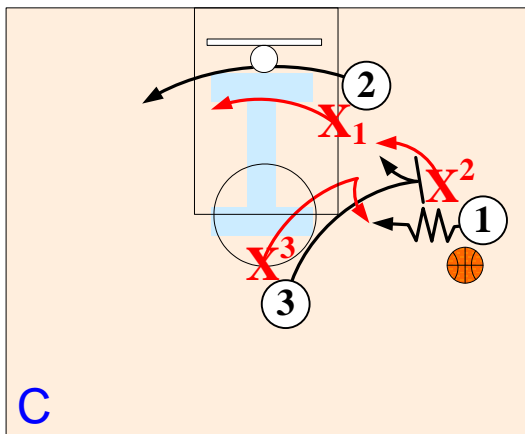
This is an excellent three-on-three drill for practicing and refining the various techniques use to successfully defend basket cuts, down screens and On Ball side screens. Demonstrate and explain drill. Walk players through the proper defensive footwork and contact switches. Be sure to use both right and left sides of the court.



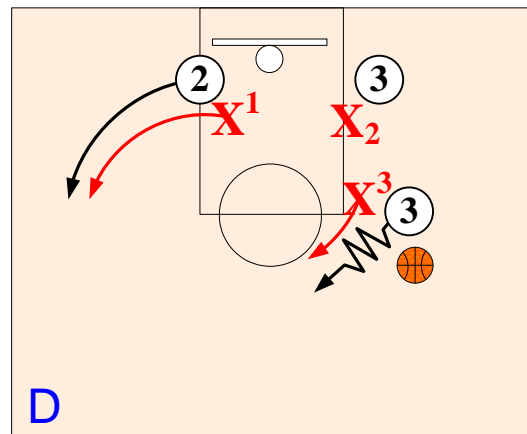
**High Post Rub.** O1 passes to O2 and makes a rub cut off high post O3. On O1's pass to wing, X1 jumps in the direction of the pass and assumes a shoulder to shoulder pass denial position. X3 steps out and shows forcing O1 wide. If/when O1 goes behind O3's high post screen, then X1 and X3 switch. If O1 is not open on basket cut, O1 posts up.



**Down Screen.** O2 makes a reversal pass out to O3 stepping out and then sets a down screen for O1. X2 and X1 switch on down screen with both defenders assume strong pass denial positions.



**Side Screen.** O3 pass to O1 on wing and then sets an On Ball screen as O2 clears out to weakside. X2 and X3 attack the on ball using one of the seven options predetermined by the coach.



**One-on-One.** After pressuring but allowing the first three passes, go live One-on-One with all basic on ball and off ball rules in effect.