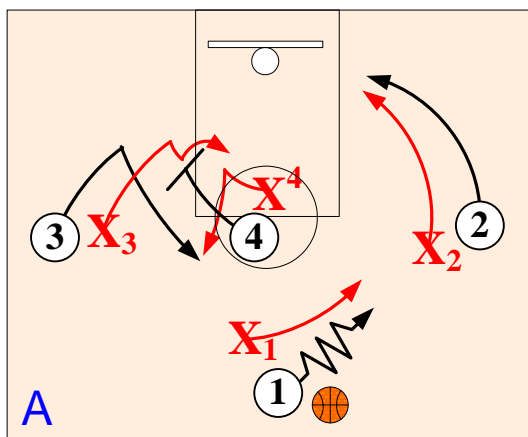


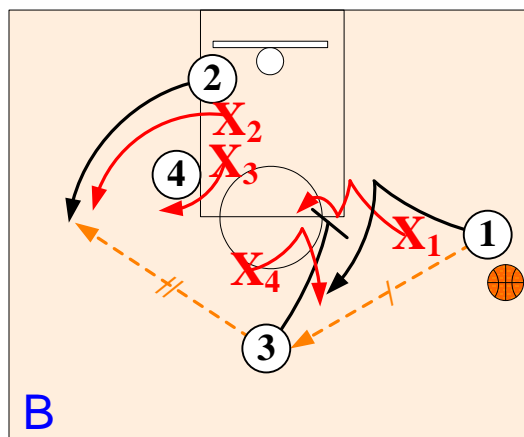
Defending Screens – 4-on-4 Combo Drill

Back Cut, Diagonal, Mid-Screen

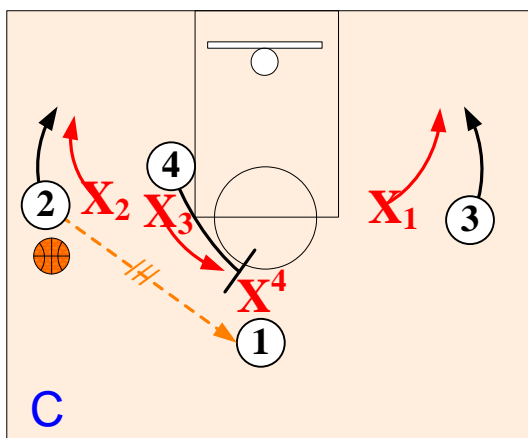
This is an excellent four-on-four drill for practicing and refining the various techniques use to successfully defend back cuts, diagonal screens and On Ball mid-screens. Demonstrate and explain drill. Walk players through the proper defensive footwork and contact switches. Be sure to use both right and left sides of the court.



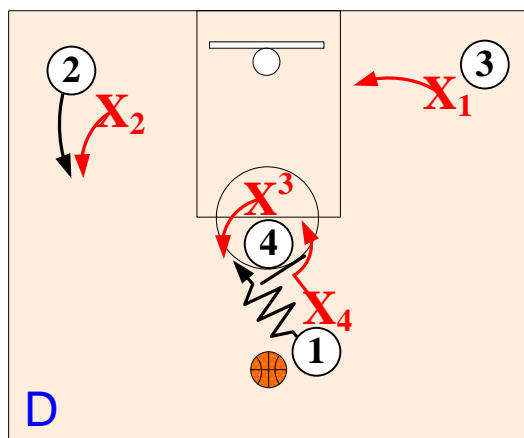
Back Cut: Point O1 dribble clears wing O2 who back cuts to the basket. High post O4 screens away for wing O3. Defenders X4 and X3 jump switch against O4's diagonal screen.



Ball Reversal: O1 passes out to O3 who in turn passes to O2. O3 screens away for O1. Defenders X4 and X1 jump switch on O3's diagonal screen.



Mid Screen: O2 passes out to O1 and O4 sets an On Ball mid screen for O1. O2 and O3 spot up on baseline. X3 and X4 attack the on ball using one of the seven options predetermined by the coach.



Play. After pressuring but allowing the first three passes, go live with all basic on ball and off ball rules in effect.