

Free Throw Challenge Ladder

Week:

Directions: Shoot fifty (50) free throw 10 at a time.

Rank	Even Challenge	Odd Challenge	Even Challenge	Rank						
1										1
2										2
3										3
4										4
5										5
6										6
7										7
8										8
9										9
10										10
11										11
12										12
13										13
14										14
15										15
16										16