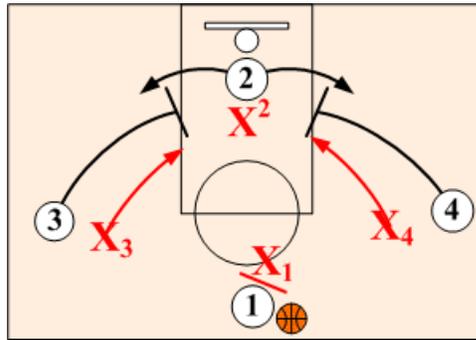


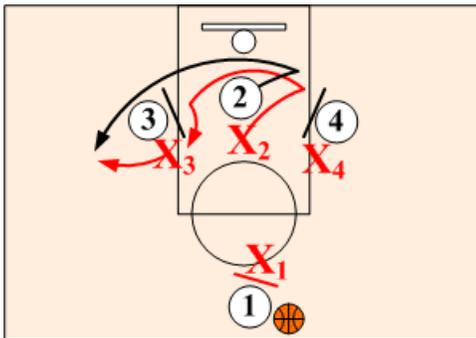
Shell Drill: Attacking Base Screens

Defenders must “talk” and coordinate their efforts in attacking the passer screener and receiver. Switching automatically on down screens eliminates any hesitation or indecision on the part of the defenders and is the most effective way to attack the passing lanes. However, opening up and pulling the receiver’s defender through, and chasing out with the screener’s defender, along with “Showing & Recovering” are also very viable techniques to defend base screens. For the purpose of this drill incorporate the best technique that fits your own defensive philosophy

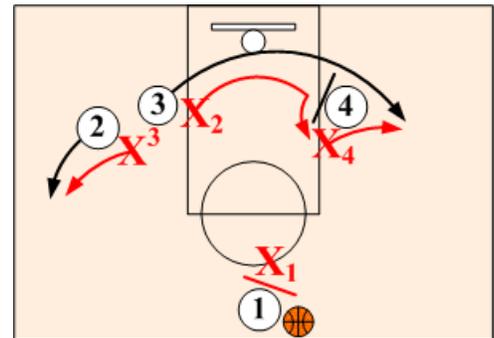


Offensive players assume a diamond alignment with O1 with the ball. Wings O3 and O4 set base screens for O2. O2 has option of going off either base screen.

Left Side Option

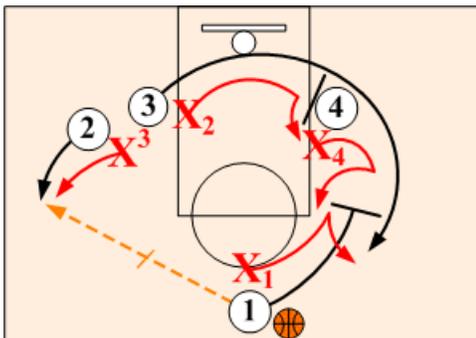


If O2 goes off O3’s base screen, X2 and X3 execute an aggressive contact switch, while X1 pressures the ball handler.

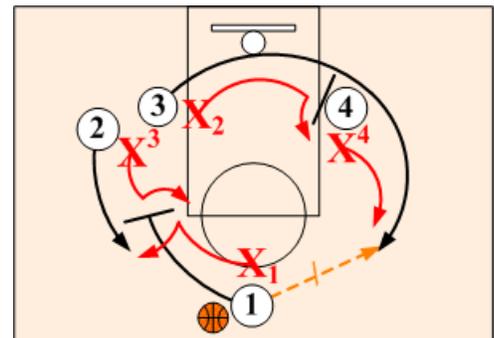


When O2 goes off O4’s screen, O3 then goes opposite off O4’s base screen. Defenders O2 and O4 execute aggressive, contact switches.

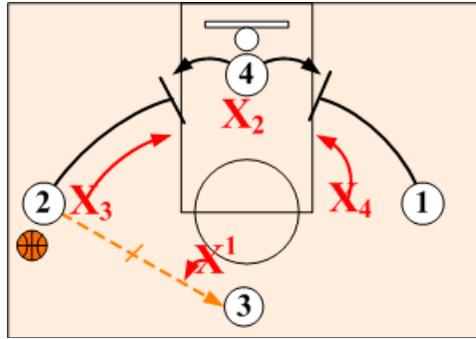
Continuity



When O1 passes to O2 coming off the base screen, O1 screens away for O3. Defenders X1 and X4 switch attacking the passing lanes.

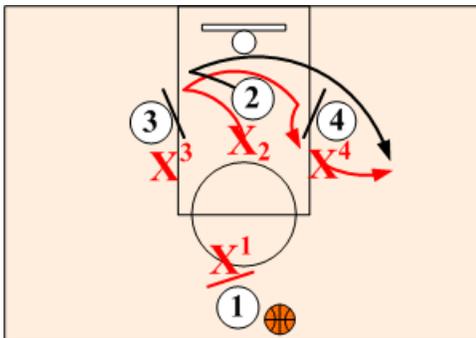


If O1 passes to O3 coming off O4’s base screen. O1 screens away for O2. Defenders X1 and X3 switch attacking the passing lanes.

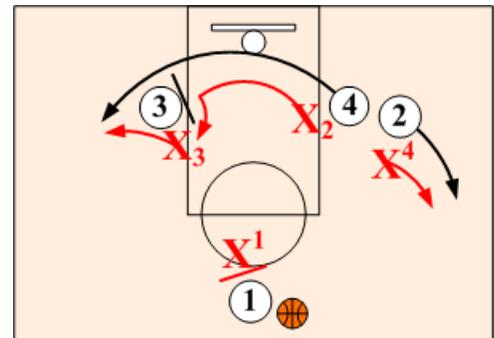


When wing O2 or O3 make a reversal pass out to the top of the circle, base screen action continues with O2 and O2 setting base screens. O4 has the option to pop out off of either O1's or O2's base screen.

Right Side Option



If O2 goes off O4's base screen, X2 and X4 execute an aggressive contact switch taking away the passing lanes. X1 pressures the ball handler.



Screener O4, then continues off O3's base screen with X2 and X3 switching and attacking the passing lanes.