Overall Defensive Profile

Type:  Straight _____ Packed-In _____ Pressure _____ Disruptive (Traps) _____ Zone _____ Comb _____

Do they alternate defenses?  After Made FG _____ After Made FT _____ After Timeouts _____ Seldom _____

Calls:  1. ________________  2. ________________  3. ________________

Do they disrupts Sets?  Frequently _____ Occasionally _____ Seldom _____

Pick Up Point?  Full ________ 3/4 Court ________ Half Court ________ 3 Pt Line ________

Do they deny 1st passing lanes?  Frequently _____ Occasionally _____ Seldom _____

Do they deny ball reversal?  Frequently _____ Occasionally _____ Seldom _____

Best 1st Pass Defenders:  1. ________________  2. ________________  3. ________________

Can you dribble penetrate on them?  Frequently _____ Occasionally _____ Seldom _____

Best 1-1 Defenders:  1. ________________  2. ________________  3. ________________

Weak 1-1 Defenders:  1. ________________  2. ________________  3. ________________

Defensive Transition?  Quick ______  Slow ________

Can you run on them?  Frequently _____ Occasionally _____ Seldom _____

Can you throw long against them?  Frequently _____ Occasionally _____ Seldom _____

Pressure Rebounder?  Frequently _____ Occasionally _____ Seldom _____

Pressure Outlet Pass?  Frequently _____ Occasionally _____ Seldom _____

Players slow in getting back:  1. ________________  2. ________________  3. ________________

Post Defense?  Strong _____ Soft _____ Weak _____

Post Up Deployment?  Front ________ Behind ________ 3/4 ________ Push Out ________ Trap ________

Do they allow ball to Post?  Frequently _____ Occasionally _____ Seldom _____

How do they react to post feeds?  Collapse ______ Play 1/2 way Off ______ Trap ______ None ______

How do they defend post lob?  Collapse ______ Trap ______ None ______

Best Post Defenders:  1. ________________  2. ________________  3. ________________

Weak Post Defenders:  1. ________________  2. ________________  3. ________________

On Ball Screen Disruptions?  Strong _____ Soft _____ Weak _____

Primary Disruption:  Show & Recover ______ Switch ______ Trap ______ Fight Over ______ Go Under ______

Off Ball Screen Disruptions?  Strong _____ Soft _____ Weak _____

Primary Disruption:  Chase Out ______ Show & Recover ______ Switch ______ Go Under ______

Helpside Defense?  Strong _____ Soft _____ Weak _____

Do they deny cuts into the lane?  Frequently _____ Occasionally _____ Seldom _____

Do they trap on dribble penetration?  Frequently _____ Occasionally _____ Seldom _____

Closeouts?  Quick (on Balance) _______ Slow ________ Rushed (off balance) _______

Do they box out on rebounds?  Frequently _____ Occasionally _____ Seldom _____

Best Defensive Rebounders:  1. ________________  2. ________________  3. ________________

Best Shot Blockers:  1. ________________  2. ________________  3. ________________

Weak Side Ball Watchers:  1. ________________  2. ________________  3. ________________
Zone Defense?  Active _____  Soft _____  Weak _____  
Type?  2-3 Zone _____  2-1-2 Zone _____  1-2-2 Zone _____  3-2 Zone _____  1-3-1 Zone _____  Matchup Zone _____  
Do they pressure ball?  Frequently _____  Occasionally _____  Seldom _____  
Do they front post?  Frequently _____  Occasionally _____  Seldom _____  
Do they trap?  Frequently _____  Occasionally _____  Seldom _____  
Shifts?  Quick (on Balance) _______  Slow _______  Rushed (off balance) _______  
What shifts are their weakest?  
Best Defensive Rebounders:  1. __________________  2. ___________________  3. ____________________  
Weakest Outside Defensive Rebounders:  1. __________________  2. ___________________  3. ____________________  

Defensive Situations  
Do they extend defenses (press)?  Frequently _____  Occasionally _____  Seldom _____  
Primary:  Zone ___________________  
Secondary ___________________  
Other:  
Deny inbounds pass?  Frequently _____  Occasionally _____  Seldom _____  
Do they trap 1st pass?  Frequently _____  Occasionally _____  Seldom _____  
Disrupt Baseline Out of Bounds?  Strong _____  Soft _____  Weak _____  
Primary ___________________  Secondary ___________________  
Disrupt Sideline Out of Bounds?  Strong _____  Soft _____  Weak _____  
Primary ___________________  Secondary ___________________  
What screens do they have difficulties in defending?  
Last Shot Defense?  
Primary ___________________  Secondary ___________________  
Do they deny 1st passing Lanes?  
How do they defend the off ball screens?  
Can you feed Post?  
Can you isolate and penetrate?  
Do they box out?  Frequently _____  Occasionally _____  Seldom _____  
Free Throws?  
Do they box out?  Frequently _____  Occasionally _____  Seldom _____  
Do they push the ball?  Frequently _____  Occasionally _____  Seldom _____  
Combination Defenses?  
Box & One: _____  Diamond & One: _____  Triangle & Two: _____  Combo: _____  
When deployed?  