

## Overall Defensive Profile

Team: \_\_\_\_\_ vs \_\_\_\_\_

Date: \_\_\_\_\_ Observer: \_\_\_\_\_

Video - Live

**Type:** Straight \_\_\_\_\_ Packed-In \_\_\_\_\_ Pressure \_\_\_\_\_ Disruptive (Traps) \_\_\_\_\_ Zone \_\_\_\_\_ Comb \_\_\_\_\_

Do they alternate defenses? After Made FG \_\_\_\_\_ After Made FT \_\_\_\_\_ After Timeouts \_\_\_\_\_ Seldom \_\_\_\_\_

Calls: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Do they disrupt Sets?** Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Pick Up Point? Full \_\_\_\_\_ 3/4 Court \_\_\_\_\_ Half Court \_\_\_\_\_ 3 Pt Line \_\_\_\_\_

Do they deny 1st passing lanes? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they deny ball reversal? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Best 1st Pass Defenders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Can you dribble penetrate on them? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Best 1-1 Defenders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Weak 1-1 Defenders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Defensive Transition?** Quick \_\_\_\_\_ Slow \_\_\_\_\_

Can you run on them? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Can you throw long against them? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Pressure Rebounder? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Pressure Outlet Pass? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Players slow in getting back: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Post Defense?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Post Up Deployment? Front \_\_\_\_\_ Behind \_\_\_\_\_ 3/4 \_\_\_\_\_ Push Out \_\_\_\_\_ Trap \_\_\_\_\_

Do they allow ball to Post? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

How do they react to post feeds? Collapse \_\_\_\_\_ Play 1/2 way Off \_\_\_\_\_ Trap \_\_\_\_\_ None \_\_\_\_\_

How do they defend post lob? Collapse \_\_\_\_\_ Trap \_\_\_\_\_ None \_\_\_\_\_

Best Post Defenders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Weak Post Defenders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**On Ball Screen Disruptions?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Primary Disruption: Show & Recover \_\_\_\_\_ Switch \_\_\_\_\_ Trap \_\_\_\_\_ Fight Over \_\_\_\_\_ Go Under \_\_\_\_\_

**Off Ball Screen Disruptions?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Primary Disruption: Chase Out \_\_\_\_\_ Show & Recover \_\_\_\_\_ Switch \_\_\_\_\_ Go Under \_\_\_\_\_

**Helpside Defense?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Do they deny cuts into the lane? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they trap on dribble penetration? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Closeouts? Quick (on Balance) \_\_\_\_\_ Slow \_\_\_\_\_ Rushed (off balance) \_\_\_\_\_

Do they box out on rebounds? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Best Defensive Rebounders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Best Shot Blockers: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Weakside Ball Watchers: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Zone Defense?** Active \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Type? 2-3 Zone \_\_\_\_\_ 2-1-2 Zone \_\_\_\_\_ 1-2-2 Zone \_\_\_\_\_ 3-2 Zone \_\_\_\_\_ 1-3-1 Zone \_\_\_\_\_ Matchup Zone \_\_\_\_\_

Do they pressure ball? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they front post? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they trap? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Shifts? Quick (on Balance) \_\_\_\_\_ Slow \_\_\_\_\_ Rushed (off balance) \_\_\_\_\_

What shifts are their weakest?

Best Defensive Rebounders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Weakest Outside Defensive Rebounders: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

## Defensive Situations

**Do they extend defenses (press)?** Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Primary: Zone \_\_\_\_\_

Secondary \_\_\_\_\_

Other:

Deny inbound pass? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they trap 1st pass? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

**Disrupt Baseline Out of Bounds?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Primary \_\_\_\_\_ Secondary \_\_\_\_\_

**Disrupt Sideline Out of Bounds?** Strong \_\_\_\_\_ Soft \_\_\_\_\_ Weak \_\_\_\_\_

Primary \_\_\_\_\_ Secondary \_\_\_\_\_

What screens do they have difficulties in defending?

### Last Shot Defense?

Primary \_\_\_\_\_ Secondary \_\_\_\_\_

Do they deny 1st passing Lanes?

How do they defend the off ball screens?

Can you feed Post?

Can you isolate and penetrate?

Do they box out? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

### Free Throws?

Do they box out? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

Do they push the ball? Frequently \_\_\_\_\_ Occasionally \_\_\_\_\_ Seldom \_\_\_\_\_

### Combination Defenses?

Box & One: \_\_\_\_\_ Diamond & One: \_\_\_\_\_ Triangle & Two: \_\_\_\_\_ Combo: \_\_\_\_\_

When deployed?