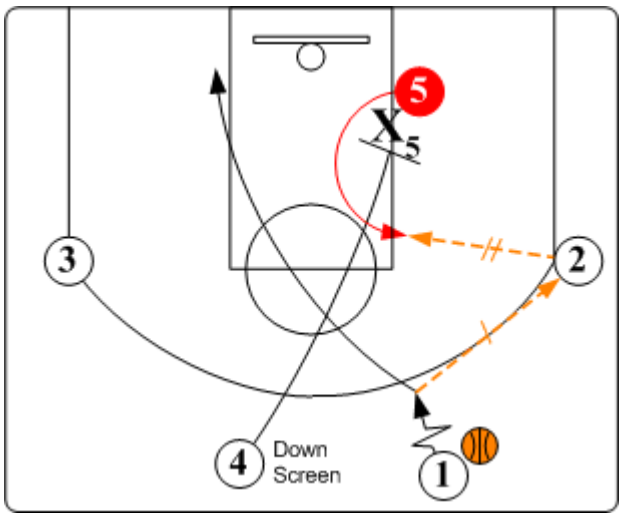
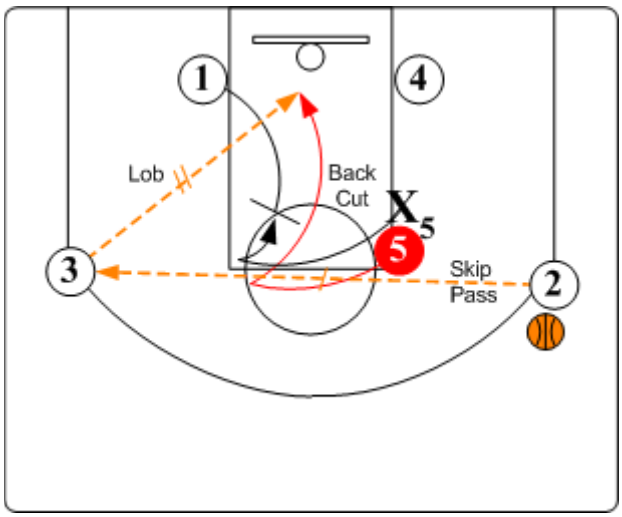
Early Post Lob

Early Post Lob action gives initial early push attack a sustained flow into half court offense without stopping and setting up the offense. Post Lob includes a post pop and lob options.

Primary "Go To" Player: #5 Post
Secondary "Go To" Player: #4 Trail

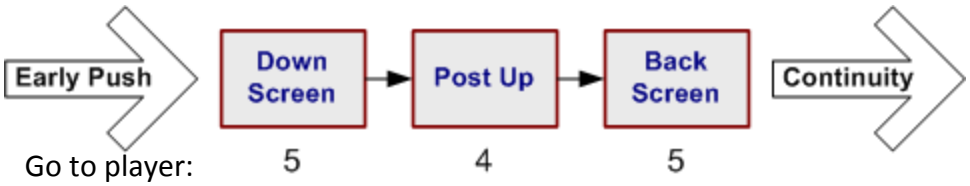


Down Screen. Point O1 makes an entry pass to wing O2 and cuts to weakside block. Trail O4 sets a down screen for O5. O2 looks for O5 popping out off O4's screen. If a mismatch occurs, wing O2 can feed O4 posting up.



High Post Lob. If O5 is overplayed, O2 makes a skip pass to O3 on opposite wing. O1 steps up and sets a back screens for an over the top lob pass to O5.

Schematic Sequence:



Continuity:

When the Early Post Lob set does not create a good shot or an advantage, in order to avoid any rush or panic shots as the shot clock winds down, it is important to move directly into a final phase or continuity offense.

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