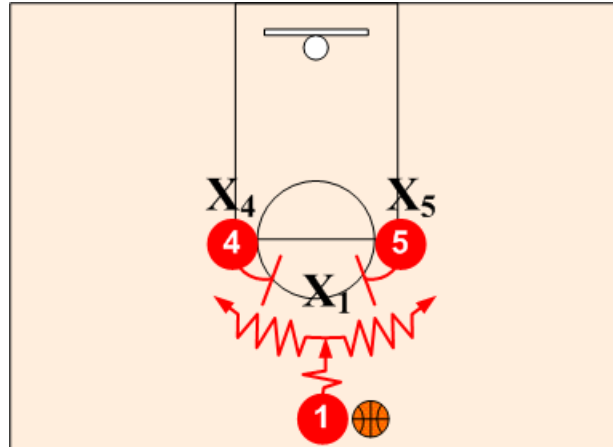
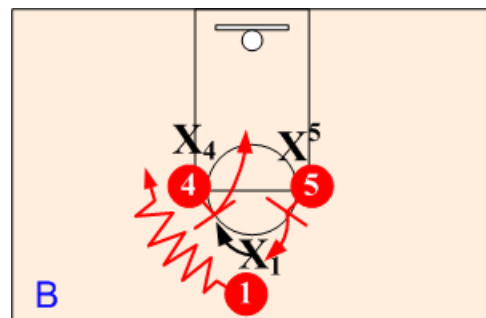
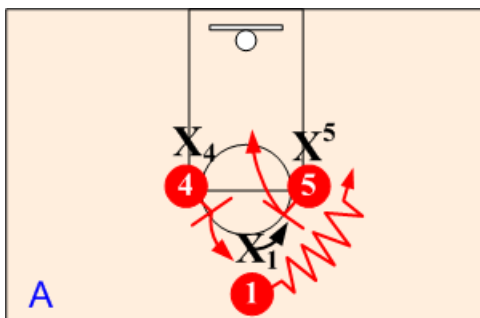


Horns (Double Mid Screens) 3-on-3 Breakdown Drill



This is an excellent three-on-three drill for practicing and refining the various techniques use to successfully execute the Horn's double mid screens basic options and reads. Demonstrate and explain drill. Predetermine the type of defensive deployment (Show & Recover, Switch, Fight Over, Go Under, Shadow, Double Team) to practice against.

Dribble Penetration:

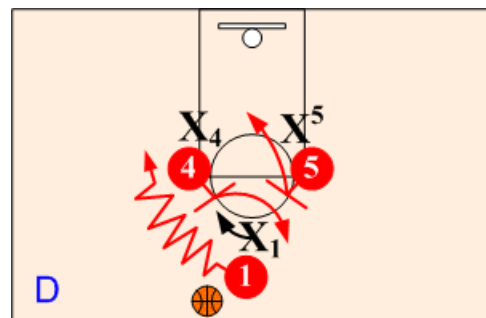
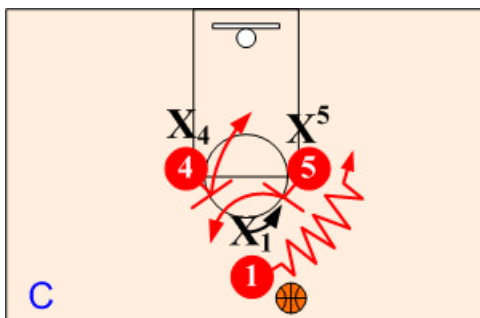


First Look: Ballhandler O1 drives hard to the basket off either O4 or O5 setting mid screens. If O1's defender goes below screen, O1 executes a pull up jumper.

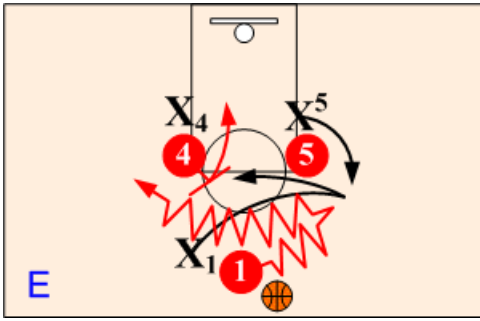
Second Look: If the defense switches or shows & recovers, ballhandler O1 looks to feed screener cutting away to the basket.

Third Look: Screener posting up strong or reversal pass out to opposite screen popping out for shot or post feed.

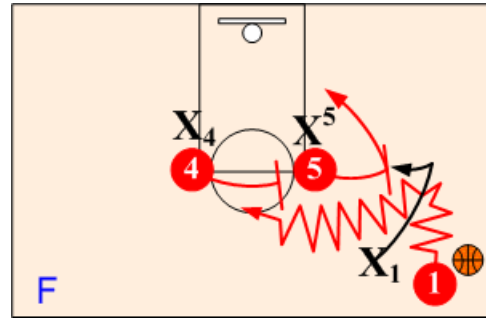
Dribble Penetration Variations:



Screener Pop: Screen has option of popping out off screen rather than rolling to the basket. When the screener pops out, the weakside screen cuts to the basket.

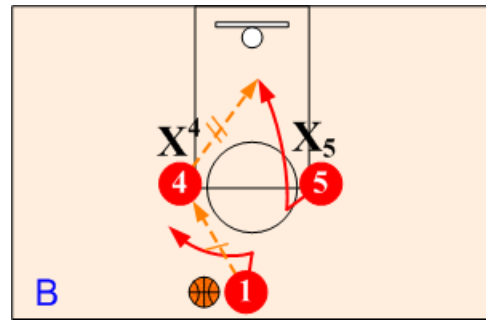
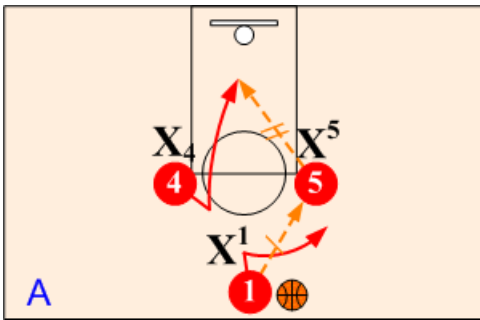


Cross-Over: Ball handler starts to drive off screener, but crosses over and drives off opposite screener. Use the Cross-Over option when the defender disrupts the mid screen or cheats over early.



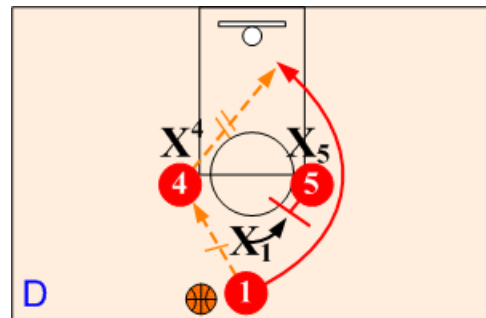
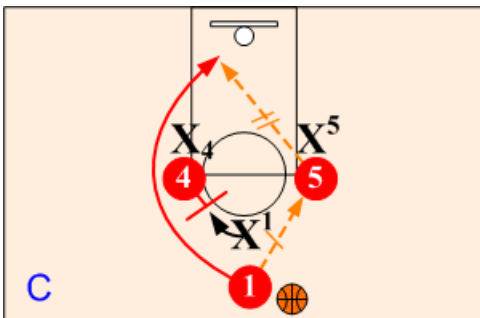
Double Side Screens: When the ball handler dribble penetrates down a side line, both mid screens step out and a tandem double side screen.

Pass Entries:



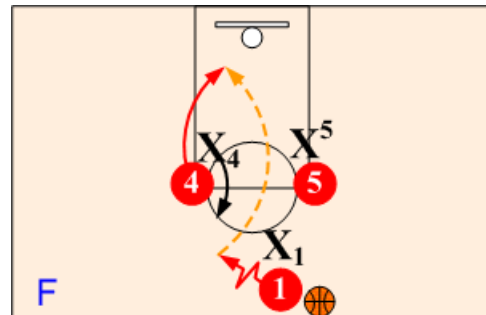
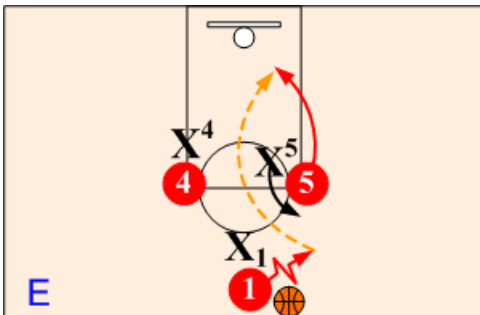
Slice Option: When the ballhandler passes to a screener, the opposite screener makes a “Slice” cut to the basket. When cutter is not open, the ball handler cuts off the high post initiating the two game action.

See: Triangle Post Two Game



Lob Option: After feeding the high post, the ballhandler also has the option of cutting off the weakside screener’s back screen for a lob .

CAUTION



Whenever a high post defender over plays and disrupts the screen, the screen can cutaway to the basket for an over the top lob pass.