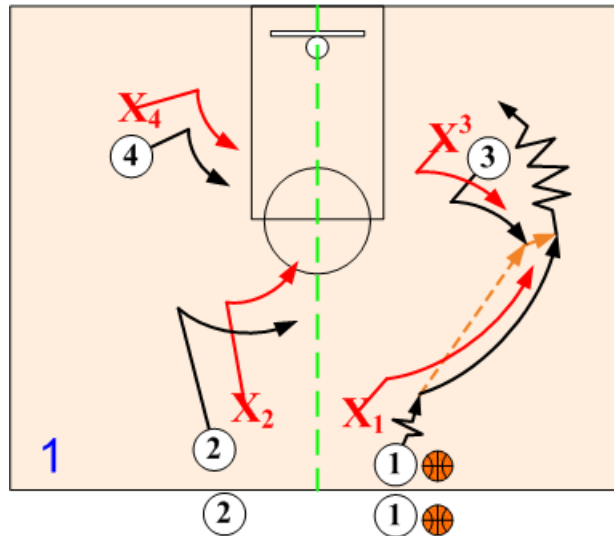


“Entries & Weakside 2 Game” – Offensive Breakdown Drill

4-on-4 Shell

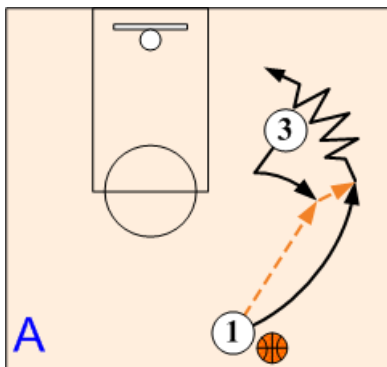


Once both the entry options and weakside game options have been introduced, this 4-on-4 drill “Shell” is excellent to refine and reinforce both the basic entries and weakside action. But, more importantly, it is designed to teach players how to score off them.

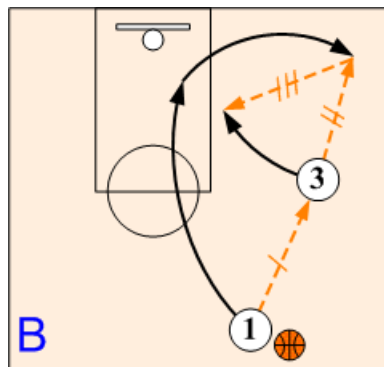
Players are paired up 4-on-4 with the player with the ball starting at midcourt. The player with the ball initiates the drill with the dribble and creating a lead. Since the Triangle Post Offense requires players to know all position, players switch roles as well as sides (right & left) of the court. They also switch from offense to defense. The first option is to read and counter the defensive action on the entry. The ballhandler has the option of making an outside cut, inside cut or dribble clear entry.

Note: Being able to successfully execute entries is a vital component to all offenses.

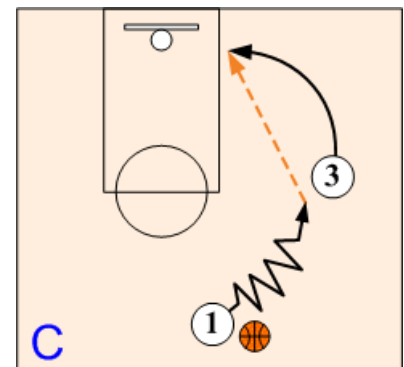
Entry Options Available:



A Outside Cut Entry



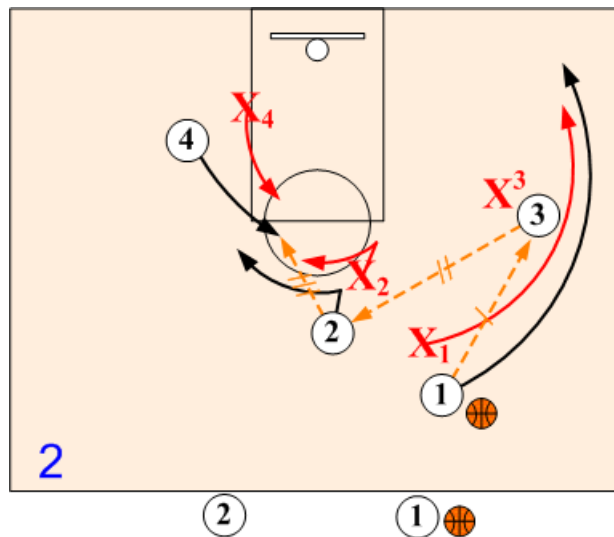
B Inside Cut Entry



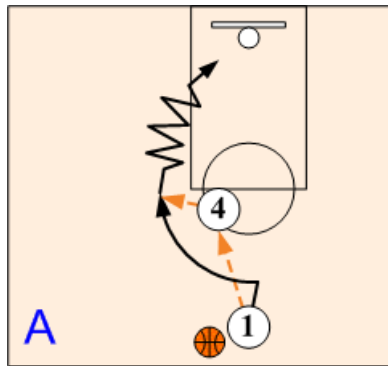
C Dribble Clear Entry

See Triangle Post Offense Entries for “Reads & Counters” details.

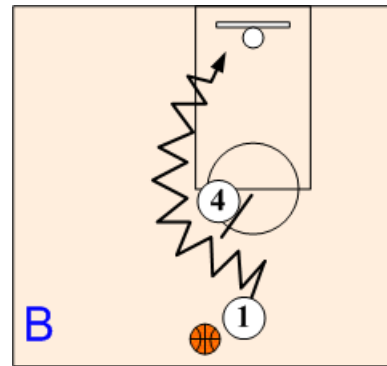
Weakside 2 Game Action:



If a good shot is not available off the entry, the ball is reversed to the top of the circle initiating the weakside two game. All of the weakside 2 Game Options available:



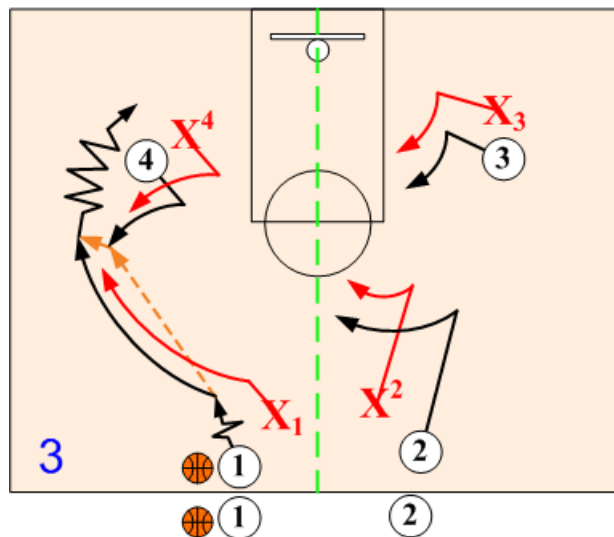
Pass Series



Dribble Series

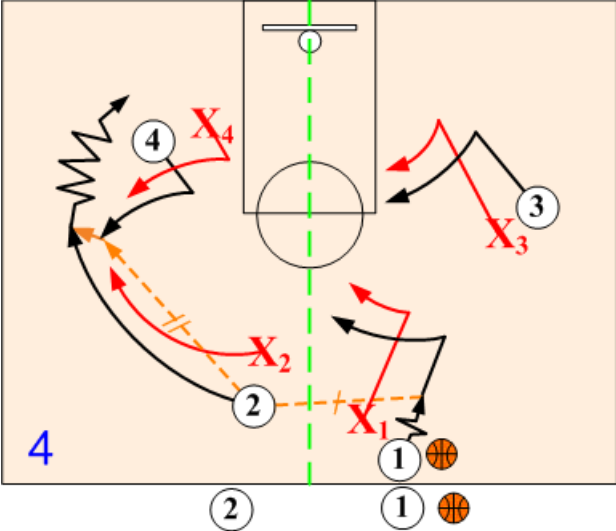
See Triangle Post Offense Weakside 2 Game for "Reads & Counters" details.

Use both Sides of the Court:



It is very important to utilize both sides of the court since it requires the opposite footwork. Players need to feel comfortable entering the ball on either the left or right side of the court.

Guard to Guard Pass:



Switching sides of the court can also quickly be achieved with a guard to guard pass.