

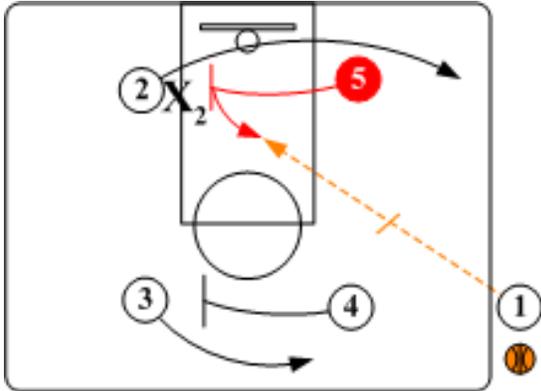
Box Alignment - "Pound Cake"

Primary "Go To" Player: #5 Post

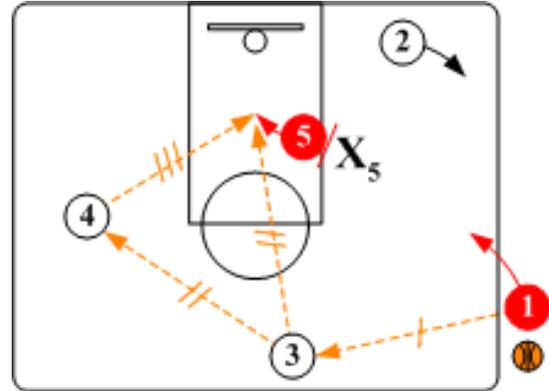
Secondary "Go To" Player: #1 Inbounder

"Pound Cake" or Post Isolation is a quick hitting inside attack. It exploits any mismatch in the low post area by isolating the post one-on-one in front of the basket. Good play to run in crunch time or when you need a basket.

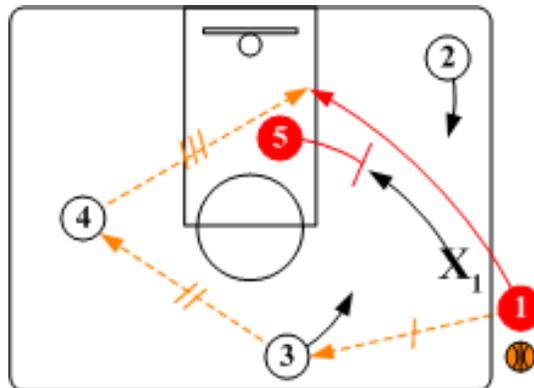
Right Side Entry



Base Screen. O5 sets a base screen for O2 and O4 screens away for O3. O1 looks to make an inbounds pass directly to O5 breaking back to the ball.

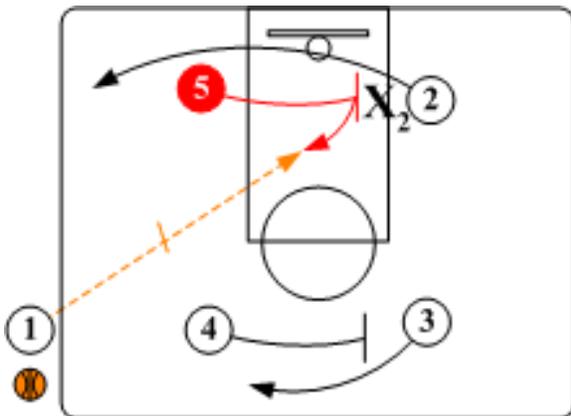


Post Front Overplay. If/when the defense fronts or denies O1's direct inbounds pass to O5, O1 inbounds to O3 who in turn looks to feed O5 or makes a reversal pass to O4 for a post feed. O5 seals off the defender and looks for a pass from O3 or O4. Note: O1 can also inbound the ball to O2 for a post feed or lob to O5.

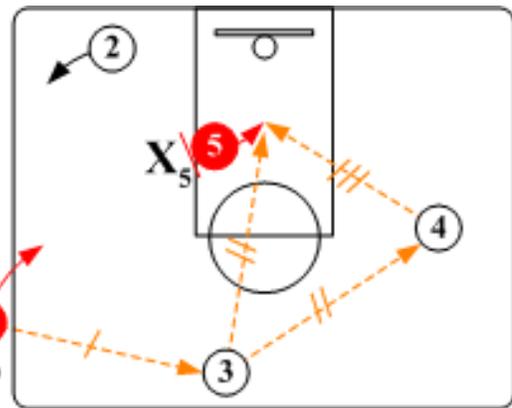


Ball Reversal. If/when O1 cannot inbound to O5, O1 passes to O3 and cuts to the basket off O5's screen. O3 makes a reversal pass to O4 and screens opposite for O2. O4 looks to pass to O1 cutting to the basket or to shooter O2 coming off O3's down screen.

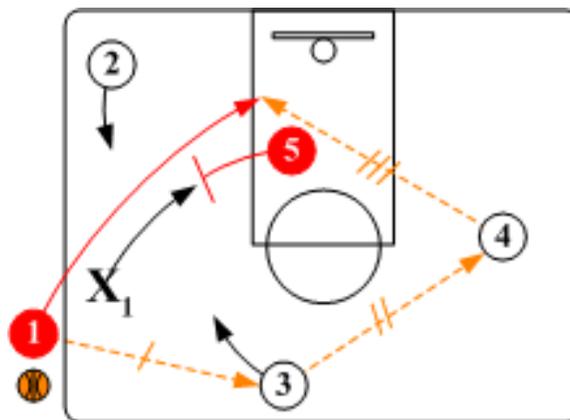
Left Side Entry



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